



**University**  
**NEWS LETTER**



**sbstimes**

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## Editorial

*"If we had no winter, the spring  
would not be pleasant"*

**W**arm greeting to all! The month of February welcomes spring. There is blooming of flowers, buzzing of bees, chirping of birds and celebrations all around. This season gives us a strong message that no matter how harsh the winters are but spring will come, likewise in our lives difficult situations are never permanent and there is always a solution to it. Also, without having struggles one cannot embrace rewards. Bright hues of spring, makes everyone happy and it inspires poets, artists we should also be as vibrant and inspiring as spring and should not be dull.

This month was eventful for SBS University. The highlights of this issue are grand opening of Annual Athletic Meet, inauguration of University OPD, Placements, along with the regular features like photograph of the month, dialog box and student's column.

The editorial board wishes all the best to all the students for the upcoming sessional exams.

Enjoy reading this issue.

**Editorial Board**  
**SBS University**

## Photograph of the Month



### **SBSU Students Excel in Debate Competition**

A Debate Competition was organized by the DAV (PG) College, Dehradun. The Topic of the debate was

*"Quality Education is the Strength of the Nation".*

Shubham Naveen Thakur and Pragya Uniyal, students of BPT, represented Sardar Bhagwan Singh University, Balawala, in the competition. There were total 12 teams, out of which SBS University won the Runner Up Team Trophy with a total of 399 points, while DAV (PG) College bagged the 1<sup>st</sup> position with 476 points. Pragya Uniyal also won a consolation prize in the individual event.

Vice Chancellor Prof. A.K. Sharma, Registrar KBS Rawat, as well as Dr. SK Karn, Convener, Debating Society of SBS University, have congratulated the winners.



## Campus Placement



A pool campus placement drive was organized by Training & Placement office, SBS University for Pharmaffiliates Panchkula, Haryana for the final year students M. Sc. Pharm. Chemistry, M. Sc. Chemistry and M.Sc. Analytical Chemistry for the post of Trainee Scientist. More than 30 students from SBS University and other Institutions of Uttarakhand participated in the pool campus drive. The panel for the interview consisted of Dr. P. Manna- Group Leader, Mr. Sandeep Sharma, Scientist and Mrs. Rachna- Manager HR from Pharmaffiliates Panchkula, Haryana.

Dr. Nikki Nautiyal (T&P Officer & Secretary) welcomed the team and the campus placement process started with the brief induction by Dr. P. Manna- Group Leader, Mr. Sandeep Sharma, Scientist and Mrs. Rachna- Manager followed by written examination and personal interview of the students. Students interacted curiously with the team members and participated in the placement drive with great zeal and enthusiasm.

The panel was felicitated with a memento by Dr. Mamta F. Singh (Convener Training & Placement Office) as a token of gratitude. Mr. Shashank Soni, Dr. Santosh Kr. Karn, Dr. Neetu Pandey and Mr. Brijesh Shankar were also present on the occasion.

After the final round of interview 04 students were selected. Publication & Creative Writing Society on behalf of SBS family congratulates and wishes all the students a very bright & prosperous future.



# ANNUAL ATHLETIC MEET 2019 - OPENING CEREMONY

Sardar Bhagwan Singh University, Dehradun has organized Annual Athletic Meet from February 25 to March 5 2019. The event was inaugurated on 25 February with the torch lighting ceremony by Sardarni Harinder Pal Kaur (wife of Founder Director), Chancellor Shri. S.P. Singh, Secretary (GBSS) Dr. Gaurav Deep Singh and Vice Chancellor Prof. A. K. Sharma. During the inaugural speech Prof. A. K. Sharma welcomed the gathering and said that sports help in development of mental and physical strengths in the students. This was followed by the oath taking ceremony. The competition between the four houses of the University (Ajit, Fateh, Jujhar and Zorawar) was declared open by Sardarni Harinder Pal Kaur. The sweat bursting events included field and track events. The first prize winners in various sports events are as follows: Long Jump (Boys): Harsh Chaudhary; ; Long Jump (Girls): Shalini Lakhwar; 1500m race (Boys): Mohd. Subhi; 400m race (Girls): Aarti; Discus throw (Boys): Mohit Bisht; Discus throw (Girls): Bhawna; Shot Put (Boys): Gurdeep; Shot Put (Girls): Rekha; Javelin throw (Girls): Bhawna; Javelin throw (Boys): Vipin Negi; Triple Jump (Boys): Harsh Chaudhary.

Present on the occasion were Registrar Mr. Kishan Rawat, COE Ms. Urmi Chaurasia, Dean (Academics) Prof. F C Garg, Dean (Student welfare) Prof. Manish Arora, Dean (R&D) Prof. G S Randhawa, Prof. Veerma Ram (Director, Pharm. Science), Manager (Administration) Mr. Zorawar Singh, all HOD's, faculty and students. The closing ceremony of the Annual Athletic Meet will be held on 5<sup>th</sup> March 2019.



## NEW JOINING



### **Dr. Devashree**

Assistant Professor

**Qualification:** BPT, MPT (Musculoskeletal)

Teaching and clinical experience of 4 years

**Date of Joining:** 04 February 2019



### **Dr. Richa Uniyal**

Assistant Professor

**Qualification:** BPT, MPT (Neuro)

Teaching and clinical experience of 5 years.

**Date of Joining:** 01 February 2019

## Student Column

### युद्ध:—अंत या आरंभ

युद्ध क्या यही एक हल है।

चद लोगो के जहन में पल रही द्वेश भावना को मिटाने का क्या यही एक समाधान है। युद्ध चाहे इस पार से हो या उस पार से युद्ध—युद्ध होता है।

क्या यहि अंतिम तरीका है हर समस्या का।

यह बस हमारे नजरिये पर निर्भर करता है कि हम युद्ध को बढ़ावा देते है या शांति को युद्ध कदापि धर्म को बचाने या सरक्षित करने का उपाय नही हो सकता क्योंकि धर्म कि नीव ही शांती एवं मानवता पर टिकी है।

धर्म केवल इंसानियत को परिभाशित कर जीवन जीने का मार्ग प्रदर्शित करता है धर्म का पालन एवं इंसानियत के भाव को कमजोरी समझ उसका फायदा उठाने वालो को यह ज्ञात कराना, कि कमजोरी जब ताकत का रूप लेकर हावी होती है तो कुविचारो का विनाश भी कर सकती है। धर्म रक्षा का प्रतीक है एवं युद्ध इसी का पंयार्य कहा जा सकता है। परंतु युद्ध का कारण केवल विनाश नही धर्म की रक्षा होना चाहिए। क्योंकि एक साथ ही हम है। अन्यथा तुम मैं और वो ही रह जाता है।

**Deepanshu Naithani**

**M.Sc. Biotech IV Sem**



# SBS University Organizes Workshop on Osteopathy

A workshop on Osteopathy techniques was organized by the Department of Physiotherapy of Sardar Bhagwan Singh University, Dehradun from 8<sup>th</sup> to 13<sup>th</sup> February. Eminent Osteopath and Internationally renowned Specialist, Dr. Steve Sanet (Founder, Osteopathy College of Ontario, Canada and guest faculty in over 42 countries) shared his extensive knowledge in the field of manual therapy and osteopathy with students and professionals attending the workshop from all over the country. Dr. Steve emphasized that prevalence of chronic pain and musculoskeletal conditions are on a rise due to changes in lifestyle, diet and dependency on technology causing decreased physical activity among the younger generation. During the week long workshop, Brainstorming Session and Hands on sessions on clinical conditions like Back pain, Migraine, Cerebral Palsy, Autism, Irritable Bowel Syndrome, Visual Impairments etc. were taught. SBS University has been conducting such workshops as part of its academic development colloquium every year by inviting eminent international speakers. This year guest lectures were delivered by Dr. Gian Peitro from Italy, Dr. George Papas from Australia, Thomas and Naer from Germany. On this occasion the new Outpatient Building of the University was inaugurated by Dr. Steve Sanet on 13 February. The event was graced by the esteemed presence of Sardarni Harinder Pal Kaur, Honorable Chancellor of the University Shri S P Singh, Secretary (GBSS) Dr. G D Singh, Vice Chancellor Prof A K Sharma, Registrar Mr. Kishan Rawat, COE Ms. Urmi Chaurasia, Dean (Academics) Prof. F C Garg, Dean (Student welfare) Prof. Manish Arora, Dean (R&D) Prof. G S Randhawa, Dr. Reena Kumari (HOD, Physiotherapy), Prof. Veerma Ram (Director, Pharm. Science), Manager (Administration) Mr. Zorawar Singh, faculty and students.



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